

MONTHLY NEWSLETTER

JUNE 2026 | Vol. LIV





OUR COMMITMENT

VISION

“A literate, healthy and self-reliant Community”

MISSION

- * Identify and work with socially and economically backward people, especially girls and differently-abled;**
- *Enhance people’s skills, especially of the youth;**
- *Promote community self-reliance through community participation.**

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS**
- Empanelled by Institute of Corporate Affairs**
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)**



SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

NIPUN–Shiksha Saheli Project Celebrates World Environment Day 2026

The children of the NIPUN–Shiksha Saheli Project celebrated World Environment Day 2026 with great enthusiasm, creativity, and a deep sense of responsibility towards nature. The day was filled with engaging activities that encouraged children to appreciate the environment and understand their role in protecting it.

As part of the celebration, the children participated in vibrant art and craft activities, expressing their love for nature through colorful creations.



Using their imagination and artistic skills, they beautifully depicted the importance of a clean, green, and healthy planet. These hands-on activities provided an enjoyable platform for learning while fostering a stronger connection with the environment.

The programme also featured an interactive awareness session conducted by the dedicated NIPUN caregivers. Through simple and engaging discussions, the children learned about key environmental issues and the importance of conserving natural resources. They were encouraged to adopt sustainable practices such as saving water, planting trees, reducing waste, and caring for their surroundings.

Inspired by the day's learning, all participating children came together to take a meaningful pledge to keep their neighbourhoods clean and litter-free. They committed themselves to becoming responsible environmental stewards and contributing towards a healthier and greener future for their communities. At NIPUN, we believe that empowering children with environmental awareness today helps build responsible citizens for tomorrow. Through small yet impactful actions, young minds can become powerful agents of positive change and lead the way towards a more sustainable world.

Together, let us nurture a generation that cares for nature and works towards a cleaner, greener, and brighter future for all.

NIPUN Swagat Kendra Marks World Environment Day 2026

NIPUN Swagat Kendra observed World Environment Day 2026 with a series of engaging activities aimed at fostering environmental responsibility among children and the local community. The celebration focused on raising awareness about sustainable practices and encouraging collective action for a greener future.

As part of the observance, children participated in an awareness rally carrying handmade posters and cloth bags while enthusiastically raising slogans such as “Plant Trees, Save Lives” and “Say No to Plastic, Save the Environment.” The rally reached out to local residents, spreading the message of environmental conservation and promoting the use of eco-friendly alternatives to single-use plastics.

The programme also included a practical training session on the segregation of dry and wet waste. Through this activity, participants learned the importance of proper waste management and recycling practices that can be adopted at the household level to contribute towards a cleaner environment.

The event concluded with a collective pledge ceremony, where children, staff members, and community participants vowed to save water, plant trees, reduce plastic usage, and work towards keeping the Earth green and healthy for future generations.



Speaking on the occasion, a representative of NIPUN Swagat Kendra emphasized that engaging children with environmental issues today is essential for building responsible and environmentally conscious citizens of tomorrow. The representative further highlighted that small and consistent efforts by individuals and communities can lead to meaningful and lasting change. The activities were aligned with this year's World Environment Day theme, “Land Restoration, Desertification and Drought Resilience,” reinforcing the importance of local action in addressing global environmental challenges and creating a sustainable future for all.

World Environment Day 2026: Empowering Girls for a Greener Tomorrow

The children of NIPUN's Empowering Girl Child Project in the J.J. Clusters of Meera Bagh celebrated World Environment Day 2026 with creativity, learning, and a commitment to protecting the environment. Through leaf collage making, handprint art, poster creation, and environmental awareness activities, the girls explored important themes such as tree conservation, pollution control, waste reduction, and sustainable living.

Their colourful creations reflected both their artistic talents and their growing understanding of environmental responsibility. The celebration encouraged the children to appreciate nature, adopt eco-friendly practices, and become ambassadors of positive change within their families and communities. By empowering girls with knowledge and awareness, we are nurturing future leaders who will contribute towards a cleaner, greener, and more sustainable world.



विश्व पर्यावरण दिवस: हरियाली की ओर बढ़ते कदम



More than 120 children of construction workers, along with their mothers, celebrated World Environment Day 2026 at NIPUN's Creche-cum-Day Care Centre in Noida. The day was filled with enthusiasm as children participated in tree plantation, drawing and painting competitions, creative activities, and environmental awareness sessions. Through these engaging activities, they learned the importance of protecting nature, conserving resources, and keeping their surroundings clean and green. The participation of mothers made the celebration even more meaningful, encouraging families to adopt environmentally responsible practices together. Every tree planted and every lesson learned today is a step towards a greener and more sustainable tomorrow.

Nourishing Young Lives Through Supplementary Nutrition at Bal Vatika

At NIPUN, we believe that every child deserves the opportunity to grow, learn, and thrive. Through our Early Childhood Care & Education (ECCE) Programme – Bal Vatika, we work with children from marginalized and vulnerable communities to ensure their holistic development by integrating early learning, health, nutrition, hygiene, psychosocial care, and school readiness.

A key component of our ECCE programme is the Supplementary Nutrition Programme, which provides hot cooked nutritious meals to children on a regular basis. Good nutrition during the early years is essential for healthy physical growth, brain development, learning abilities, and lifelong well-being. Children require a balanced combination of energy-giving, body-building, and protective foods to support their overall development and strengthen their immunity.

At our Bal Vatika Centres, meal times are not merely about feeding children—they are opportunities to promote healthy eating habits, social interaction, discipline, and hygiene practices. We also undertake regular growth monitoring of children in line with WHO-recommended child growth standards, enabling us to track their nutritional status and identify any concerns at an early stage. This helps ensure that every child receives the care and support needed for healthy growth and development. By combining quality early childhood education with nutrition, health awareness, and continuous monitoring, we are creating a nurturing environment where children can achieve optimal growth, improved cognitive development, better physical performance, and greater readiness for formal schooling. For many children, these nutritious meals are more than just food—they are a pathway to better health, brighter futures, and stronger communities.



Balvatika's Young Minds Celebrate World Environment Day 2026

The children of NIPUN's Balvatika Project, South-West District, Delhi celebrated World Environment Day 2026 with enthusiasm, creativity, and a shared commitment to protecting our planet.

Through leaf collage making, handprint art, poster creation, and environmental awareness activities, the young learners explored the importance of tree conservation, pollution control, waste reduction, and sustainable living. Their vibrant creations beautifully reflected both their imagination and their growing sense of environmental responsibility.

The celebration inspired the children to love and respect nature, adopt eco-friendly habits, and become ambassadors of positive change within their families and communities.

By nurturing environmental awareness from an early age, we are empowering the next generation to build a cleaner, greener, and more sustainable future for all.



NIPUN Marks World Day Against Child Labour 2026

NIPUN Marks World Day Against Child Labour 2026 with a Community-Led Mass Signature Campaign
On the occasion of World Day Against Child Labour 2026, NIPUN organized a Mass Signature Campaign to raise awareness and strengthen community action against child labour.

The campaign witnessed enthusiastic participation from members of underserved communities, who pledged their commitment to protecting children's rights and ensuring that every child has access to education. The initiative focused on sensitizing communities about the harmful effects of child labour and reinforcing the importance of enrolling children below the age of 14 in schools.

At NIPUN, we believe that every child deserves a safe childhood, quality education, and the opportunity to dream, learn, and succeed. The overwhelming support from the community reflects our shared determination to create a child labour-free society where children can grow with dignity and hope. We extend our heartfelt gratitude to all participants, volunteers, community leaders, and stakeholders who contributed to the success of this initiative. Together, we can build a future where education replaces child labour and every child is empowered to realize their full potential.

Join us in our mission. Say NO to child labour and YES to education for every child. Together, let's protect childhood and build a brighter future.



Padega Bharat, Badega Bharat – Baal Shram Se Hatega Bharat

On the eve of World Day Against Child Labour 2026, the mothers and caregivers of children enrolled in NIPUN's Bridge Course Centres under the Bal Vatika Project organized a community awareness campaign in South West Delhi to raise their voices against child labour and promote every child's right to education.

Many families in these communities belong to highly vulnerable groups, including rag pickers, daily wage labourers, migrant workers, and informal sector workers, where children are often at risk of dropping out of school and entering the workforce at an early age. To address this challenge, participants carried placards and raised powerful slogans such as "Band Karo Baal Shram" and "Padega Bharat, Badega Bharat", spreading awareness about the importance of education and childhood free from exploitation.

The campaign received an encouraging response from the community, sensitizing parents and local residents about the harmful effects of child labour. Several families approached the NIPUN team seeking admission for their children in our Bridge Course Centres.

Over the years, NIPUN's Bridge Course initiative has successfully mainstreamed 120 out-of-school children into MCD / Government Schools, helping them embark on a journey of learning, dignity, and opportunity. Together, we can ensure that every child is in school, not at work.



Empowering Women to Protect Children's Rights

A community sensitization programme was organized for women from the communities where NIPUN operates its Bal Vatika Centres in South West Delhi. The session aimed to strengthen awareness about children's rights, the importance of education, and the need to protect children from child labour and other forms of exploitation.

The programme was facilitated by Adv. Sushil Kumar, Resource Person, who discussed the adverse impact of child labour on a child's physical, emotional, and educational development. He also highlighted the legal provisions safeguarding children's rights and emphasized the vital role of parents and caregivers in ensuring that every child has access to education and opportunities for a better future.

The interactive session witnessed enthusiastic participation from community women, who shared their experiences and concerns regarding their children's education and well-being. The discussion helped reinforce the message that education is the most effective pathway to breaking the cycle of poverty and creating lasting change in communities.

Through its Bal Vatika and Bridge Course initiatives, NIPUN continues to work closely with vulnerable families, empowering parents and caregivers to become active partners in securing a safe, healthy, and educated future for every child.



Creativity, Culture & Confidence at Summer Camp Indradhanush-2026!

NIPUN's children from the Empowering Girl Child Project at Meera Bagh, West Delhi, enthusiastically participated in the CCERT Summer Camp – “Indradhanush 2026: Viksit Bharat”, organized by the Centre for Cultural Resources and Training (CCRT), Ministry of Culture, Government of India. The camp was inaugurated by Shri. Pravesh Wahi, Hon'ble Mayor of Delhi and provided a vibrant platform for learning, creativity, and self-expression.

Over 40 children explored diverse art forms including Madhubani and Odisha painting, clay molding, paper flower making, calligraphy, singing, and Bhangra dance. The camp helped nurture their creativity, strengthen their confidence, and enhance teamwork and communication skills.

The camp concluded with a colorful Siddhi Samaroh, where children proudly showcased their artwork and performances before parents and guests. Every participant received a training certificate, celebrating their dedication and achievements.



Aging with Dignity, Confidence and Happiness

NIPUN, in collaboration with the West District Legal Services Authority (DLSA), organized a Legal Awareness Session for 35 senior citizens in West Delhi under the JAGRITI Scheme. The session focused on the theme "Aging with Dignity, Confidence and Happiness", emphasizing the rights, well-being, and social security of elderly citizens.

The programme was facilitated by Ms. Shefali, Counsellor, who sensitized participants about the challenges faced by senior citizens, the importance of emotional well-being, and the legal provisions available for their protection and welfare. The session also encouraged active ageing, self-confidence, and greater community support for elderly persons.

The interactive discussion provided a valuable platform for senior citizens to share their concerns, seek guidance, and learn about mechanisms available to safeguard their rights and dignity.

At NIPUN, we believe that every individual deserves respect, care, and security at every stage of life. Through such awareness initiatives, we remain committed to building inclusive communities where senior citizens can live with dignity, confidence, and happiness.



HIGHLIGHTS

योग: कर्मसु कौशलम्

Happy International Yoga Day 2026



International Yoga Day 2026 Celebrated with Mothers of Bal Vatika Project

On the occasion of International Yoga Day 2026, NIPUN organized a special yoga and wellness session for the mothers associated with our Bal Vatika Project. The program witnessed enthusiastic participation from community women who came together to learn and practice simple yoga asanas, breathing exercises, and relaxation techniques for better physical and mental well-being.

The session highlighted the importance of adopting a healthy lifestyle, stress management, and self-care, especially for mothers who play a vital role in nurturing young children. Through guided yoga practices, participants experienced the benefits of improved flexibility, concentration, and emotional wellness.

At NIPUN, our Bal Vatika Project focuses on the holistic development of children through Early Childhood Care and Education (ECCE). We believe that empowering mothers with knowledge and healthy practices is equally important, as a healthy and informed caregiver contributes significantly to a child's growth, development, and learning outcomes.

The celebration reinforced our commitment to building healthier families and stronger communities, aligned with our vision of creating a literate, healthy, and self-reliant community.



Celebrating International Yoga Day at NIPUN Day Care Centre, Noida

The children of construction workers at the NIPUN Day Care Centre, Noida, enthusiastically celebrated International Yoga Day with a morning filled with yoga, mindfulness, and fun. Guided through simple yoga asanas and breathing exercises, the children learned the importance of physical fitness, mental well-being, and healthy living from an early age.

The celebration was a joyful reminder that yoga is not just an exercise but a way to nurture balance, focus, and inner strength in young minds.

NIPUN Day Care Centre, continues to create a safe, nurturing, and stimulating environment for children of construction workers. Through our day care services, early childhood education, nutrition support, health interventions, creative learning activities, and community engagement initiatives, we strive to ensure that every child receives opportunities for holistic growth and development while their parents are at work.

As we mark International Yoga Day, we reaffirm our commitment to supporting the well-being and development of every child, helping them build a healthier and brighter future.



Indradhanush Summer Vacation Workshop 2026 – A Celebration of Talent & Culture

We are proud to share that our children enthusiastically participated in the 10-day Summer Vacation Workshop "Indradhanush" (20–31 May 2026) organized by CCRT (Centre for Cultural Resources and Training), Government of India.

As part of NIPUN's Empowering Girl Child Project, the participants explored creativity, culture, confidence-building, and teamwork through various engaging activities.

The workshop concluded with the "Siddhi Samaroh" (Concluding Ceremony) on 31 May 2026, where the children showcased their learning through a vibrant and colorful cultural performance. Their enthusiasm, dedication, and artistic expression captivated the audience and made the event truly memorable. Congratulations to all the participants, mentors, and organizers for making this journey inspiring and successful!



HIGHLIGHTS

Preserving Traditions, Creating Opportunities!

A two-day Art & Craft Workshop was successfully organized at NIPUN's UMANG Vocational Training Unit under the expert guidance of Ms. Tajinder Kohli, a qualified artist and renowned resource person in the field of art and craft.

The workshop introduced 40 women and adolescent girl trainees to the beautiful world of Tie-Dye and Lippan Art, blending creativity with skill development. Through step-by-step demonstrations, practical sessions, and simple tips and tricks, participants learned how to create unique designs and patterns on fabric and decorative surfaces.

Tie-Dye, a vibrant textile art form, uses folding, twisting, and dyeing techniques to create colorful and distinctive fabric designs. Lippan Art, a traditional folk art of Gujarat, is known for its intricate mud and mirror work that reflects the rich cultural heritage of India.

The trainees were also guided on designing various garments and incorporating these artistic techniques into products that can be used for self-employment and income generation. The workshop not only enhanced their artistic skills but also inspired them to explore creative entrepreneurship opportunities. At NIPUN, we continue to empower women through skill development, creativity, and livelihood opportunities, helping them build a more confident and self-reliant future.





Youth Rise Against Drugs



On 26 June 2026, NIPUN, in collaboration with the West District Legal Services Authority (West DLSA) under NALSA and DSLSA, observed the International Day Against Drug Abuse & Illicit Trafficking with trainees of its Vocational Training Centre in West Delhi.

Advocate Madhu, Learned Legal Aid Counsel (LAC), conducted an insightful session on Drug Awareness & Wellness Navigation, inspiring participants to make informed choices and contribute towards a Drug-Free India 2026.

The trainees further carried the message into the community through an IEC awareness drive, encouraging everyone to “Say Yes to Life, No to Drugs.”



Every child deserves the best start in life.

At NIPUN, we believe that the first six years of life shape a child's future. Through our Bal Vatika Project in Kapashera, we are providing vulnerable children with a safe, nurturing and stimulating environment where they can learn, grow and thrive.

Our three Bal Vatika Centres offer Safe day-care and responsive caregiving for children (0–3 years), Play-based Early Childhood Care & Education (3–6 years), Daily supplementary nutrition, Regular growth monitoring and health check-ups, Activity-based learning to strengthen school readiness, Parent counselling on nutrition, positive parenting and child development. The impact has been truly inspiring! Children are becoming healthier, more confident and better prepared for school through improvements in their cognitive, language, social and emotional development.

The project is also empowering families. An assessment of 150 beneficiary mothers found that 55% are now engaged in income-generating activities, made possible by access to reliable childcare. This has strengthened household resilience and improved the well-being of their children. *"Before my child joined the Bal Vatika Centre, I was always worried while going to work. Today, I know my child is safe, healthy and learning every day. This centre has changed both my child's future and my family's life."* – A Beneficiary Mother

As our Founder Secretary Pradeep Kumar says, *"The first six years of a child's life are the foundation for lifelong learning, health and well-being. By investing in quality Early Childhood Care and Development, we are nurturing confident, healthy and school-ready children while empowering their families."*



HIGHLIGHTS

Clean Habits, Healthy Communities!

To promote safe sanitation practices and improve community health, NIPUN's Bal Vatika Project organized an awareness session on Safe Sanitation, Personal Hygiene, and the Importance of Using Toilets for community women and mothers at the Bal Vatika Centre, Kapashera, New Delhi.

The session emphasized the importance of ending open defecation and encouraged families to use community toilets or household toilets wherever available. Participants were also advised to always wear slippers or footwear while going to the toilet to reduce the risk of parasitic infections and other diseases. Discussions highlighted the importance of maintaining clean toilets, proper waste disposal, regular handwashing with soap, and adopting good personal hygiene practices to prevent illnesses such as diarrhoea, cholera, typhoid, and worm infestations.



Community women actively participated in the interactive session, sharing their experiences and discussing practical ways to improve sanitation in their neighbourhoods. Mothers were encouraged to instill healthy hygiene habits in their children and become ambassadors of cleanliness within their families and communities.

At Bal Vatika, we believe that good sanitation and personal hygiene are the foundation of a healthy and dignified life. Together, we can build cleaner surroundings, healthier families, and stronger communities—one healthy habit at a time.

Clean Toilets • Healthy Habits • Healthy Families



Celebrating India's Rich Cultural Heritage!

**YOUR
VOTE
IS
YOUR
VOICE**

A total of 103 trainees from NIPUN's UMANG Vocational Training Centre enthusiastically participated in the two-day "Virasat – Kamaladevi Cultural Festival", organized by the Centre for Cultural Resources and Training (CCRT), Ministry of Culture, Government of India, at its headquarters in Dwarka, New Delhi.

The festival provided a unique opportunity for our youth to witness the rich history, vibrant traditions, diverse art forms, and cultural heritage of India through captivating performances, exhibitions, and interactive activities. The event also featured the inauguration of the Seva Parv Art Exhibition, making it an enriching learning experience for all participants.

Our trainees were privileged to witness the inspiring presence of Shri Gajendra Singh Shekhawat, Hon'ble Union Minister of Tourism, Government of India, whose address highlighted the importance of preserving and promoting India's glorious cultural legacy among the younger generation.

We sincerely thank CCRT and the Ministry of Culture, Government of India, for providing our trainees with this memorable and enriching experience.



अंतरराष्ट्रीय योग दिवस

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योग



निपुण



APPEAL

NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes.

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NIPUN

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